

State Championships 2007

Six members represented Swan Hills AUSSI at this years State Championships, this was brilliant considering we only have nine members. Our Male swimmers were just brilliant (thanks guys ☺), Will Scott swam four State records (50m/100m/200m Backstroke and the 200m Individual Medley, narrowly missing a fifth one in the 50m Freestyle) and took home the coveted Male Swimmer of the Meet trophy. Stephan Kohler's fantastic butterflying earned him a 'twin' record when he took out the 50m Butterfly state record, now he owns both the Long and Short State records for this event.

Kingsley Bugarin and Damon Kendrick team with Will and Stefan for the Men's Medley Relay and just failed to break the record for this event. Kerry Hutchinson swan faster than she has done in a long time to post some impressive times, for a couple of age group wins. Sandra Mutch acquitted herself well over the weekend, being just out of the money in a couple of swims.

We performed so well that as a club we earned the Handicap award, which is given to the club that gains the most amount of points per swimmers attending and swimming. This trophy is out getting engraved, but will be displayed as soon as we have it.



Will Scott was named Male Swimmer of the Meet at the recent State Championships, was presented with his trophy by Swan Hills coach Grant Henry, before training last week.

200m IM	20-24	Will Scott	2:22.81	200m FR	45-49	Damon Kendrick	2:18.96
200m BA	20-24	Will Scott	2:19.21	50m BU	45-49	Damon Kendrick	32.15
50m BA	20-24	Will Scott	30.72				
100m BA	20-24	Will Scott	1:05.35	50m FR	50-54	Mutch, Sandra	37.91
50m FR	20-24	Will Scott	26.19	200m FR	50-54	Mutch, Sandra	3:14.07
				50m BU	50-54	Mutch, Sandra	53.48
50m BR	35-39	Kingsley Bugarin	34.90	50m BR	50-54	Mutch, Sandra	53.08
				100m FR	50-54	Mutch, Sandra	1:25.87
50m FR	45-49	Kohler, Stefan	27.77				
200m FR	45-49	Kohler, Stefan	2:23.98	50m FR	55-59	Hutchinson, Kerry	36.87
50m BU	45-49	Kohler, Stefan	29.65	200m FR	55-59	Hutchinson, Kerry	3:15.56
100m FR	45-49	Kohler, Stefan	1:02.86	50m BR	55-59	Hutchinson, Kerry	48.85
				100m BR	55-59	Hutchinson, Kerry	1:51.16
				100m FR	55-59	Hutchinson, Kerry	1:25.59

Interclub Events for 2007

Targeted events for season 2007 are as follows

Sun 10 th of June	Mandurah	Mandurah Aquatic Centre	Short Course
Sun 1 st of July	Swan Hills	Swan Park Leisure Centre	Short Course
Sat 6 th of October	Gosnells	Gosnells Leisure Centre	Short Course
Sun 21 st of October	Fremantle	Fremantle Leisure Centre	Long Course



Mandurah Interclub

The Mandurah BACC event is our next event as a club, it would be good if we can get the 9 of us attending and swimming, sort of like a social event. There are no mixed relays as this event, to field teams we need everyone present and accounted for. Mandurah always put on a brilliant spread after the mornings swim, as usual Swan Hills will pay the nomination, you pay pool entry.

Events are as follows.

Event 1	100m Freestyle	Event 2	100m Breaststroke
Event 3	100m Backstroke	Event 4	50m Freestyle
Event 5	50m Breaststroke	Event 6	50m Butterfly
Event 7	100m Individual Medley		

Other events members may be interested in are

Sun 17th of June	400/800	Gosnells Leisure Centre	Short Course
Sat 28th of July	Margaret River	Open event – all short distance	Short Course

To enter these events please give Sandra Mutch with your nominated Swim and entry time.

Postal Swims

Bunbury 3 x 400m Postal Swim

Swim 3 400m events in May or June (or over both months) to be eligible to enter this event. This is the 11th running of this event since I started it as a fundraiser when swimming with the Bunbury Club, so it's sort of a pet event for me.

Aerobic Swims

Saturday's 9.15 to ~11.30am – Aerobic Swims/club get together. Come along and do some longer swims and participate in our Aerobic awards, training and stroke correction also if required, leading up to the states we may travel to Belmont Oasis so that we can swim in a 50m pool.

FINA World Masters 2008

Well if ever there was an event that you just have to participate in, it will be this event. On our own doorstep, so no excuse not to. I attended the 2002 event in Christchurch and it was just awesome, OK so ours is in our own backyard so there won't be any sightseeing etc., but just being able to say you competed and possibly stood alongside someone famous.

I have attached the qualifying times to this newsletter and most of us qualify well under the times. You are able to log on now and register to swim <http://www.2008finamasters.org/>

If you know anyone that might be interested in swimming at the Worlds, don't forget to mention to them that they need to be a member of a Masters Club and sign them up with us.

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Do you need bathers?? We have Ladies bathers in racer back style or the Katzoot style, prices range from \$39.20 - \$46. How about a Swan Hills shirt to show off your loyalty at Interclubs? These are available through the Swan Hills Swimming Club, or a Swan Hills swim cap? Sandra has these for only \$6.  
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Have you visited our related websites?? If not here are the addresses for you to add to your favourites.

<http://swanhillsaussi.tripod.com/index.html>

Our own website that gets updated whenever possible. ☺

<http://swanhillsswimclub.tripod.com/>

Swan Hills swimming Club website

<http://www.aussiwa.com.au/>

State AUSSI website with lots of useful State info.

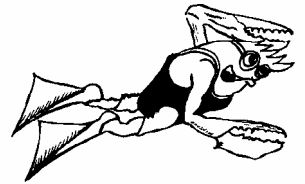
<http://www.aussimasters.com.au/>

The National website - all the Rules, Results & Ranking etc



MANDURAH AUSSI MASTERS SWIMMING INC.

P.O. BOX 1307, MANDURAH WA 6210



Mandurah AUSSI Masters invites your members to the 2007 Be Active Club Challenge Series

Date: Sunday 10th June 2007

Time: Warm up 8:15 am Start 9.00am

Venue: Mandurah Aquatic and Recreation Centre, Pinjarra Road, Mandurah
The pool is a 25m indoor pool.

Cost: Pool entry is \$4.00 per competitor and spectator payable at the pool.

The order of events will be:

1. 100m Freestyle
2. 100m Breaststroke
3. 100m Backstroke
4. 50m Freestyle
5. 50m Breaststroke
6. 50m Butterfly
7. 100m Individual Medley
8. 4 x 50m Men's Freestyle Relay
9. 4 x 50m Women's Freestyle Relay



The following Clubs will be participating:

Swan Hills Melville Fremantle Belmont
Rockingham Armadale Whitford Stadium Snappers Bold Park
There will also be a Postal entry from Albany.

Swimmers may nominate for 3 individual events and must swim in one event to qualify for the relays.

Each club is to time-keep one lane and supply 3 time-keepers and 3 stopwatches. Please bring your own relay cards, which can be filled out on the day. If required, copies of the enclosed nomination form can be made.

You are invited to join us for lunch afterwards at the swimming pool at a cost of \$3. Tea and coffee will be provided. To help with catering could you please indicate total numbers when sending in the nomination forms.

Please return nomination forms by Friday 1st June 2007 by emailing to: deborahbloor@westnet.com.au or alternatively posting to: PO Box 1307 Mandurah WA 6210.

We look forward to seeing you poolside for fun, fitness and friendship.

Regards

Deborah Bloor
Club Secretary: 9581 3002
Email: deborahbloor@westnet.com.au